

Presented by Dr. Jimmy Hilton

**SOUTH POINT  
BAPTIST CHURCH**

*Finding God's Direction for Life*



**THE SEVEN DEADLY SINS**  
**“NUMBER THREE---ANGER”**  
**EPH. 4: 26-32**

“ANGER” IS THE THIRD DEADLY SIN. THERE ARE SEVEN HEBREW WORDS AND TWO GREEK WORDS USED IN THE BIBLE TO DESCRIBE VARYING ASPECTS OF ANGER. TWICE IN THE BIBLE, “ANGER” IS INCLUDED IN A LIST ALONG WITH BITTERNESS, WRATH, MALICE, AND SLANDER. THESE ARE ALL ATTITUDES WHICH CHRISTIANS MUST RID THEMSELVES OF ONCE AND FOR ALL.

WHILE THE BIBLE DESCRIBES ONE SORT OF “ANGER” AS A “RIGHTEOUS INDIGNATION” AND IS ACCEPTABLE, THE ANGER WHICH IS A DEADLY SIN IS LIKE AN UNCONTROLLABLE FIRE.

**I. WHAT IGNITES THE FIRES OF ANGER?**

THERE CAN BE MANY KINDS OF “MATCHES” WHICH CAN LIGHT THE FIRES OF ANGER.

**FATIGUE**  
**EMBARASSMENT**  
**FRUSTRATION**  
**REJECTION**

**II. HOW DO WE KEEP THE FIRES OF ANGER UNDER CONTROL?**

**WE CAN'T GIVE SATAN A CHANCE TO REFUEL THE FIRE(EPH. 4:26)**

**WE NEED TO TAKE TIME TO COOL OFF (PS. 37:8)**

**WE NEED TO BE WARY OF CHRONICALLY ANGRY PEOPLE (PROV. 22:24-25)**

**WE NEED TO CHOOSE TO FORGIVE(EPH. 4:31-32)**

**APPLICATION**

DO WE HAVE AN “ANGER PROBLEM?” IF SO, THEN WE NEED GOD’S HELP. HE IS A WONDERFUL ANGER MANAGEMENT COUNSELOR. TURN IT OVER TO HIM.